

Ear Infections (Treatment)

ACUTE OTITIS MEDIA

Usually a bacterial complication of viral infection involving overgrowth of the normal flora of the upper respiratory tract.

st
1 choice Co-amoxiclav 375mg PO 8 hourly for 5 days
Penicillin allergy Clarithromycin 500mg PO 12 hourly for 5 days

OTITIS EXTERNA

st
1 choice Sofradex ear drops 3 drops top 6 hourly
for 5 - 7 days

nd
2 choice Flucloxacillin 500mg PO 6 hourly for 5 –
(if systemically unwell or signs of 7 days
spreading infection

Penicillin allergy Clarithromycin 500mg PO 12 hourly for 5
– 7 days